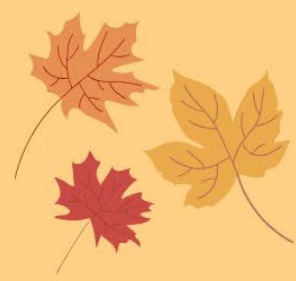




# October Half Term



October half term holiday is approaching and SPDC have a range of activities on offer. Would you please carefully read the following information.

## Who can access SPDC Activities

Families who care for a disabled child/young person, who live in the Borough of Sandwell  
You MUST be registered with SPDC

### Family Activities

The Family Disco is for all Family members, this includes siblings and parent carers.

Children/Young People aged 4-11 years & 11-18 years activities

Activities offered under these headings are for the Disabled Child/Young Person. You can however request a sibling place and we will do our best to accommodate.

Half Term  
at a  
glance!

Thursday 31st October - Family Fancy Dress Disco

Tuesday 29th October - 4-11yrs/11-18yrs Cooking

Friday 1st November - 4-11yrs/11-18yrs Cooking



## How to book for the Activities

Please email your expressions of interest to [spdcbooking@sp-dc.org](mailto:spdcbooking@sp-dc.org)

Your email should clearly state

\*Your name and the names of each person taking part

\*Which date(s) you would like to attend

\*How many (adults/children) will be taking part in the sessions.



Please provide this information in full as without it we may not be able to process your booking properly.

Please make sure you get your requests to us as soon as possible as we are unable to accept booking after:

**Thursday 10th October 9am .**

**Please note that bookings will not be accepted via Facebook or Messenger.**

Once the team have processed all of the bookings you will receive an email confirming the places you have been allocated.

Confirmation emails will be sent out Week commencing 14th October.

If you have requested or have been allocated places on a particular activity but can no longer attend, we would ask you to let us know as soon as possible by calling Diane 07594 486930 or Gary 07763 593877 so that we can offer a family on our waiting list the opportunity to join us.

# Fancy Dress Family Disco!

## Thursday 31st October

- Churchills Bar - 8 Walsall Street ,  
Wednesbury, WS10 9BZ
- Join the team for an evening of  
Dance and Fun
- No limits to your creativity
- **Please do not feel you have to come  
in a costume**
- Free car park opposite the venue
- Doors open 5:45pm
- Dancing begins at 6pm and ends at 8pm

*Available to purchase at the venue*

Hotdog & Chips £4-95  
Chicken strips & Chips £4-95  
Chilli-con-carne & Chips £10.95  
Tandoori Chicken curry & Chips £10.95  
Veggie Lasagne and garlic bread £9-95  
Hot roast cobs  
Choice of Beef, Turkey or Pork and chips  
£7-95  
Fried crispy chicken wings and chips  
(choice of hot sauce or bbq) £9-95

Aged related activities

# Wanted Up Coming Chef's



Tuesday 29th October 2024 & Friday 1st November 2024  
Dorothy Parkes Centre, Church Road,  
Smethwick, B61 6EH



4-11 Years

10am-12pm

**Lets rustle up a tasty stir fry.**

**Join us at the Dorothy Parkes Centre**

Fiona from Fallan Nutrition

will be guiding/helping us to prepare a meal to enjoy eating with  
parents/carers/siblings.

**Young people will be preparing and cooking a 2 course meal  
that will consist of vegetable stir fry and a jam/syrup sponge  
pudding with ready made custard.**



11-18 Years

1pm-3pm

**Lets cook up a stir, get out the frying pan and produce a stir  
fry like no other.**

**Join us Dorothy Parkes Centre**

Fiona from Fallan Nutrition

will be guiding/helping us to prepare a meal to enjoy eating with  
parents/carers/siblings.

**Young People will be preparing and cooking a 2 course meal  
that will consist of vegetable stir fry and a jam/syrup sponge  
pudding with ready made custard.**



**Sandwell Parent for Disabled Children**

Galton Valley Children's Centre, Great Arthur Street,

Smethwick, B66 1DH

Tel 0121 565 2410

Email [info@sp-dc.org](mailto:info@sp-dc.org)

Website [www.sp-dc.org](http://www.sp-dc.org)



Charity Reg: 1125576