

28<sup>th</sup> February 2022

Dear Parents / Carers,

We wanted to share with you the latest information regarding changes to Covid 19 regulations.

The law which required people in England with Covid 19 to self-isolate has now been lifted.

From 24<sup>th</sup> February, routine asymptomatic testing with lateral flow tests and contact tracing has ended in England.

However, public health, NHS and government advice is that people who test positive, or who have one of the 3 main symptoms of COVID 19 are still advised to stay at home and avoid contact with others for at least five full days. Testing with lateral flow tests can begin after 5 days; isolation can then end after 2 negative LFD test results. This helps reduce the chance of passing COVID-19 on to others.

The government will review and update this advice again on 1 April 2022.

In summary:

- Please continue to keep your child at home and self-isolate, if they have one of the three main symptoms of COVID 19 (a new continuous cough, a high temperature or loss of, or change in, normal sense of taste and smell). A PCR test should still be taken if these symptoms are experienced.
- Please keep in contact with school regarding the test result. If a negative test result is received, your child can return to school straight away.
- Please can we continue to ask that parents / carers do not visit school site if they have symptoms of COVID 19, are awaiting tests results or have tested positive. This is the most effective way of avoiding passing on COVID 19 infection.

Thank you for your continued support in helping to keep everyone safe.

Moat Farm Junior School.