



This leaflet provides an overview of the school's anti-bullying policy



### What is bullying?

It is very important that everyone understands exactly what bullying means. At Moat farm we say that bullying is behaviour by an individual or group, **repeated** over time, that **intentionally** hurts another individual or group either physically or emotionally'

**Repeated**- this means it happens more than once.

**Intentionally**- means that it has been done to deliberately hurt/ upset someone

### What is NOT bullying?

**One-off incidents:** Bullying is NOT a falling out with a friend or a one off incident with another child in the school. Whenever this happens, we follow Behaviour recovery to deal with this.

**Mutual conflict:** A disagreement, argument or fight where both sides have taken part and are equally responsible.

### Where else can I get help and support?

#### **Childline**

0800 1111  
uk

[www.childline.org](http://www.childline.org)

#### **Parentline Plus**

0808 800 2222

[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

#### **NSPCC helpline**

0808 800 5000

[www.nspcc.org.uk](http://www.nspcc.org.uk)

#### **Kidscape**

08451 205 204

Monday–Friday, 10am–4pm

[www.kidscape.org.uk](http://www.kidscape.org.uk)

For guidance on cyberbullying;



<https://www.thinkuknow.co.uk>



<http://www.childnet.com/>



## What behaviour is bullying?

Bullying can be:

**emotional** - being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)

**physical** - pushing, kicking, hitting, punching or any use of violence

**racist** - racial taunts, graffiti, gestures

**verbal** - name-calling, sarcasm, spreading rumours, teasing, inappropriate language and insults

**cyber** - all areas of the internet and the misuse of technology



## What to do next?

Bullying causes people to worry, to become upset and sad. If you, or if you think someone else, is being bullied it is very important that you speak to someone and inform them about what is going on- once we know about it we can begin to sort it out!



## Moat Farm Junior School

Anti- bullying- a guide  
for students



At Moat Farm, we want everyone to feel happy, safe and secure. Everyone is expected to demonstrate Moat Farm Values at all times.

Bullying of any kind is unacceptable in or outside school.

Everyone at Moat Farm knows bullying isn't right, so speak out!



#### **Moat Farm's response to bullying**

Moat Farm takes the issue of bullying very seriously. Once informed about the incident, it will be investigated by Ms Stone, Mrs Shaw, Ms Scotney and Mrs Poole, then parents of children involved will be informed.

If the behaviour is seen to be bullying, consequences will take place for those involved.

